• Friends can connect anywhere and any time, but it is a double edged sword and can hurt you if you aren’t careful.

• Teens spend roughly 2 hours and 20 minutes per day on-line. One hour, fifty minutes on social networks.
• Teens spend 79% of their online time on social networks.

• 31% of teens share content on social networks that they don’t want their family or teachers to see.
• 18% of teens have been embarrassed or disciplined because of something they shared on a social network.
Sharing too much can lead to Cyberbulling.
• 39% of teens on social networks have been Cyberbullied.
• Some individuals have even committed suicide.

What you share on social networks can affect your future.
• 85% of the top 359 colleges across the U.S. use social networks to recruit students.
• 24% of college admissions are checking FaceBook profiles.
• 12% of employers have found something that negatively affected an application.
• 91% of employers in the U.S. use social networking to screen job applicants.
• 69% of employers have rejected a candidate because of what they saw.
• 8% of companies have fired someone for what they shared.
Do you accept “friend” requests from strangers?
  • 42% of teens do. They might NOT be the person you think.

Only a few states ban registered sex offenders from using the Internet and social networks.
  • About 25% of social networking accounts are fake. He or she could be a “Cyber Predator”.
  • “Cyber Criminals” use social networks to steal personal information and spread malware.

Studies have found:
  • A social network can give you negative emotions - “FaceBook Envy.”
  • It may amplify your depression - “FaceBook Depression.”
  • 19% of teens are “No longer visiting” or “Using it Less” - FaceBook Fatigue.”

ARE YOU SHARING TOO MUCH?

DOES YOUR ONLINE LIFE OVERSHADOW YOUR REAL ONE?

YOU’RE SMARTER THAN THAT.

RIGHT?
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